



What Works?

Evaluating Chronic Disease Self-Management Support in Canada

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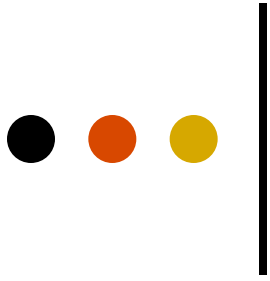
**Toronto
Rehab**

Everything Humanly Possible



Session Outline

- 1:00-1:15 Introduction
- 1:15 -2:00 Round Table Discussion
- 2:00-2:30 Report Back & Next Steps



Let's find out what works, answer real questions, and build our programs together.



Objectives

National Evaluation Framework

- Share Evaluation Ideas and Experiences
 - Expectations / What Works?
- Knowledge Exchange / Networking
- Building Canadian CDSMP coalition
- Goal: A Canadian solution to evaluating self-management programs



Our Experience

o Telehealth CDSMP

- Health Care Utilization – difficult for participants to answer
- Stanford did not capture other benefits (e.g. health information seeking behaviour)
- Unable to explain *why* the program works



Our Experience

- Research to Reality in the Champlain Region
 - Many common questions from communities and policy-makers
 - How to promote/ensure sustainable program (recruitment, promote access, funding, etc...)?
 - What are the long-term patient outcomes (past one year mark)?
 - Health care Utilization - What are the impacts of the program in the Canadian health care system? Will the program decrease ER visits?
 - How do providers integrate changes into practice (activated patients)?



What Works? / What doesn't?

Group Activity



Discussion Topics

- What info do you need to report?
- What evaluation tools / strategies have been useful or not?
- What are the facilitators and barriers to evaluation?
- What makes self-management programs successful ?
 - Perspectives (client, provider, funder)
 - How do we measure this?



Next Steps: Where do we go from here?

Lets build our programs together!

- Formation of Advisory Board
- Follow-up meeting February 2010



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