

From Research to Reality: The Champlain Community Connections Strategy

Dr. Clare Liddy

Dr. Sharon Johnston

Karen Patzer

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Bruyère
CONTINUING CARE



INSTITUT DE RECHERCHE
ÉLISABETH-BRUYÈRE
RESEARCH INSTITUTE

*Affilié à l'Université d'Ottawa
Affiliated with the University of Ottawa*

Roadmap

- Team
- Objectives
- Community Connection Model - The Four Ps
- Next Steps
 - Evaluation
 - Other elements
 - Primary care integration



Chronic Disease Self management in Champlain

- **The CDSM team is a partnership between an academic research team and the Champlain LHIN, working to bring evidence into action.**

Our vision is that people with chronic conditions and their caregivers will manage their health and quality of life with confidence.



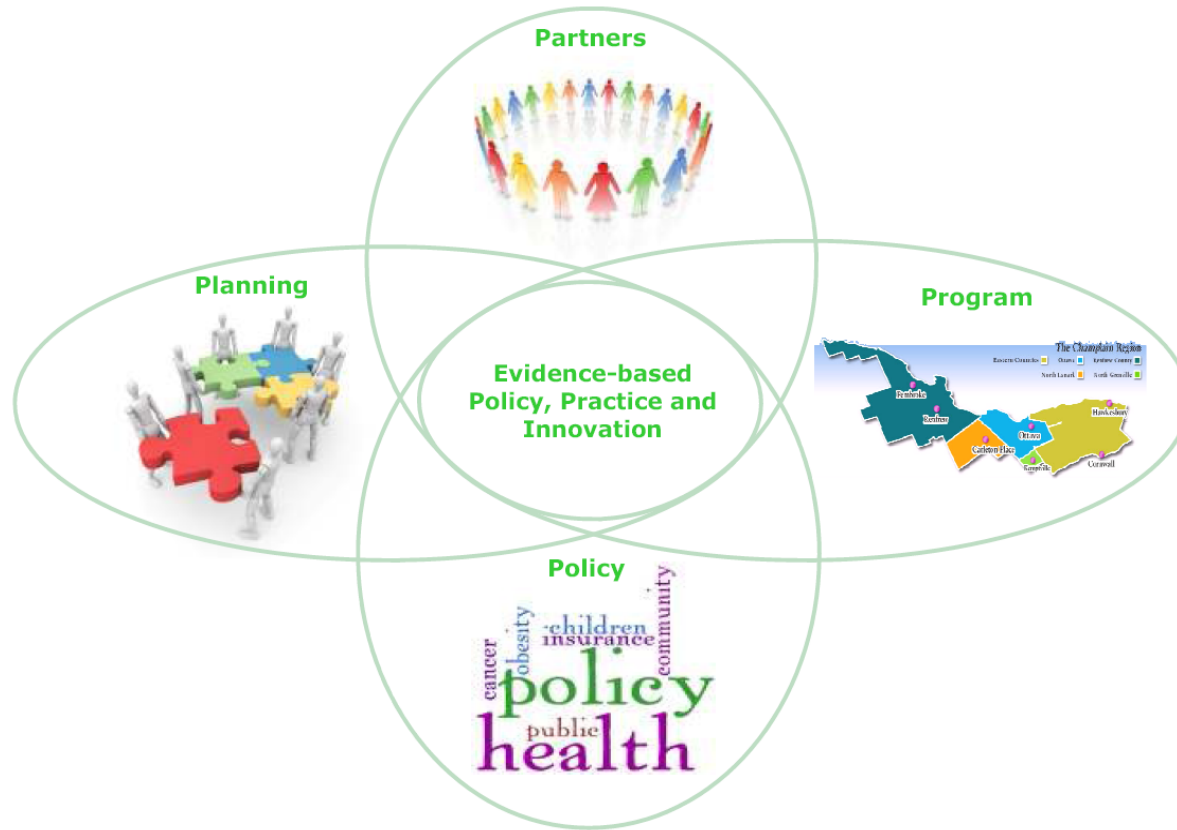
Objective

- To provide a model for bi-directional knowledge exchange between a research team and its surrounding community to build relationships and ensure the relevance and need of a chronic disease self-management project



Community Connection Model – The 4 Ps

Community Connection Model—The 4 Ps



Partners

Partners

- Identifying Stakeholders and leaders;
- Building partnerships with health service providers and community agencies,
- Formation of Advisory Board,
- Community Networking: Meeting with identified groups and local associations



Policy

Policy

- Understanding policy priorities and needs
- Aligning and contributing to policy activities (IHSP planning)
- Knowledge exchange to support evidence based policy:
 - Literature review and Environmental scan
 - Provider workshop to share information
 - Policy briefs

cancer
obesity
children
insurance
community
policy
public
health



Planning

Planning

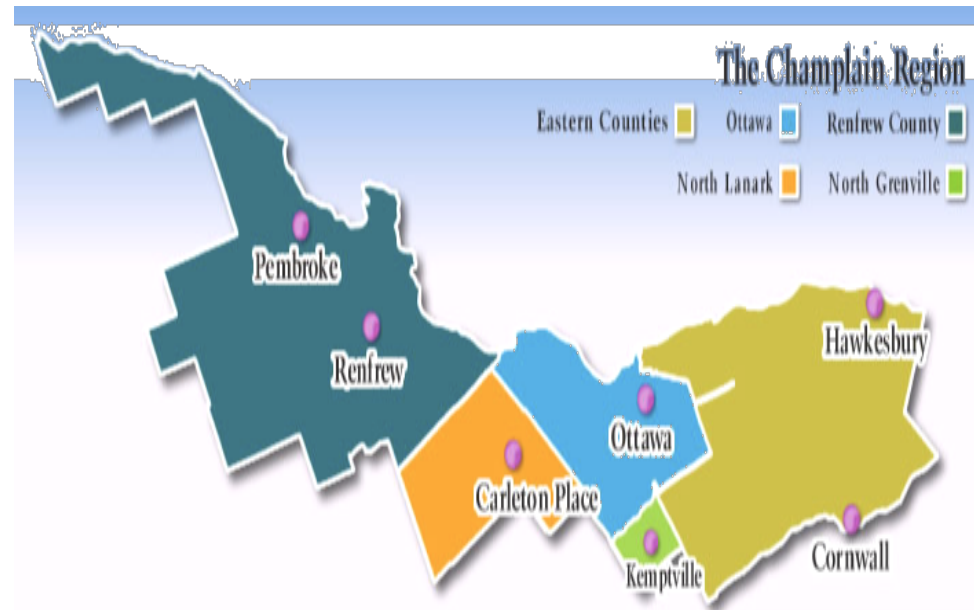
- Synthesis and develop regional strategic plan
- Active participation in planning groups
- Develop project implementation and evaluation plan



Program

Program

- Pilot implemented of community based self-management program in Sept 2009
- Regional rollout in Jan 2010 in partnership with lead organizations



Research to Reality – Results

- Policy implications
 - Meaningful dialogue
 - Effective working relationships
 - Collaborative implementation and evaluation strategies
- Effective widespread partnerships will lead to sustainability.



Living Healthy in Champlain

- **To implement a regional self management program in Champlain**
 - **All persons with chronic diseases can access support programs**
 - **Principle of open access - not program specific**
 - **Language and culturally accessible**
 - **Central support including common communication, recruiting and evaluation plan**



A great start but more is needed

- Evaluation
- More choice for patients
- Integration with providers



What Works???

- Mixed results for effectiveness of Stanford
- Identification of Standardized, Valid and Relevant Measurement Tools for Canada
 - Flexibility of approach and key elements
 - Patient choice critical
 - Tools for targeting
(who benefits most)



Diversity of programs

- About 25 % of patients will choose and benefit from group approach
- Need to implement 'menu' of options
- Co-ordinated resources for risk factor management (exercise, nutrition, smoking cessation, medication ...)

“One Stop Shop”



Integration with primary care

- Currently poorly integrated
- Lack of provider knowledge
 - About existing resources
 - Simple in clinic techniques
 - Common language/approach
- **Provider workshops, develop enhanced self management skills in existing clinic staff, common web site for resources**





Contact Information

- Dr. Clare Liddy
 - 613-562-6262 x. 1514
 - cliddy@bruyere.org

- Dr. Sharon Johnston
 - 613-562-6262 x. 1599
 - sjohnston@bruyere.org

