

FREE CLINICAL WORKSHOP SERIES PRESENTS

**Advanced 'Patient Self Management' Concepts for
Clinical Leaders and Health Professionals**

Key Faculty

Dr. Patrick McGowan, M.S.W., Ph.D, is the Director of the Faculty of Aging at University of Victoria. He is Canada's leading expert on patient self management and has extensive experience in planning, teaching and evaluating patient education programs for persons with chronic health conditions. He is also internationally recognized for his research in self-care and mutual aid for persons coping with chronic health conditions. Current research interests include medication use among seniors, and a self-management program for persons with chronic health conditions.

Dr. Wendy Graham, MD, CCFP, FCFP, is the Lead Physician in the Blue Sky Family Health Network in North Bay and FHT preceptor in the New Northern Ontario Medical School. She has published on primary care reform and is working with the Institute for Optimizing Health Outcomes to implement chronic disease patient self-management programs across Ontario.

Workshop Description

There is a growing international trend towards increasing supports that the health system provides to patients — particularly in complex care and complex rehabilitation, to help them proactively manage their illness and their interactions with the health care team. In Canada, much of the leading thinking in these concepts is coming out of British Columbia and Alberta. Join us for a provocative breakfast with Canada's leading expert on patient self-management, followed by a half day workshop, to learn, and share your experiences, on leading practices in patient self management.

Workshop Details

Event	Date	Location
Registration: 7:30 am	March 7, 2006	Bridgpoint Hospital 14 St. Matthews Rd. Toronto, ON, M4M 2B5 Room: Auditorium
Key Note Address: 8:00 am to 9:00 am [Continental Breakfast]		
Workshop: 9:15 am to 12:15 pm		
Networking Luncheon: 12:15 pm to 1:15 pm		

Who Should Attend?

This workshop is open to clinical leaders and health professionals interested in implementing advanced, evidence based, patient self management practices or programs in their organization to improve health outcomes.

How to Register

The course is free but spacing is limited. Ensure your space by completing the registration form on the reverse and faxing it to 416.461.1670 or, contact 416.461.8251 x2974 for more information.

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FAX BACK
REGISTRATION FORM

FAX TO: 416.461.1670

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Bridgepoint Hospital

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Professor, University of Victoria Faculty of Aging

Dr. Wendy Graham, MD, CCFP, FCFP

Lead Physician, Blue Sky Family Health

Network in North Bay

FAX THE COMPLETED REGISTRATION FORM TO
Ontario Patient Management Network
Fax : 416.461.1670

Name: _____

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Number of Tickets Requested: _____